NGNA/GAPNA

Present

Updates in Adult-Gerontological Advanced Practice Nursing
Faculty

Dr. Melodee Harris
University of Arkansas for Medical Sciences
College of Nursing

Dr. Laurie Kennedy-Malone
University of North Carolina at Greensboro
School of Nursing
Conflict of Interest

Dr. Melodee Harris discloses that she serves on the Board of Directors of NGNA

Dr. Laurie Kennedy-Malone discloses that she serves on the Board of Directors of GAPNA
Objectives

The history of gerontological nursing is described.

The roles and scope of practice for the adult-gerontology acute care nurse practitioner, the adult-gerontology primary care nurse practitioner, and the adult-gerontology clinical nurse specialist are explained.
Objectives

The impact and implementation of the Consensus Model for APRN Regulation on education, certification and licensure for the nurse practitioner and clinical nurse specialist is discussed.

Identify web-based and print resources for nurse practitioners and clinical nurse specialists to enhance their advanced practice gerontological knowledge and clinical skills.
“What is in the future for the Gerontological Nurse Practitioner Association (GAPNA) and for the gerontological nurse practitioner (GNP)? In my crystal ball, I see multiple opportunities for both GAPNA and GNPs”

Evelyn Duffy, Past President GAPNA


“As NGNA President, I frequently participate in robust discussions with various nursing and health care stakeholders about the serious issues today facing our nation’s gerontological nurses and older adults. I recently heard a simple tip that has given me inspiration and energy for these difficult conversations. Instead of saying HOW BIG THAT MOUNTAIN IS you face, how about telling that mountain HOW BIG YOU ARE? What a great tool to empower each of us as we navigate the changing health care delivery system and continue to strategize to meet the health care needs of an aging population,”

Amy Cotton, Past President NGNA

“Nursing is taking the lead, instead of medicine, in developing its own specialty of nursing care of the aged...”

Gerontological nursing is an evidence-based nursing practice specialty that addresses the unique physiological, psychosocial, developmental, economic, cultural, and spiritual needs related to the process of aging.
Gerontological nursing is the application of a body of knowledge and skills to provide nursing care that meets the unique biopsychosocial and spiritual needs of the diverse older adult population.
The older adult population has unique biopsychosocial and spiritual needs related to the process of aging and its developmental stage.
Older adults are quite diverse because of a life experiences, values, and personal goals. While 65 years of age and older is often the chronological age used to describe this population, the critical element that differentiates this population from others is the needs related to aging processes and the developmental stage.
A GNP is a registered nurse with a master's degree from a nurse practitioner program specializing in the care of older adults. GNPs are educated to diagnose and manage acute and chronic diseases, taking a holistic approach to meet the medical, psychosocial and functional needs of older persons.
“The focus of the Adult-Gerontology CNS is to provide patient-centered, quality care. The Adult-Gerontology CNS applies evidence in practice designed to improve quality of care and health outcomes”

AACN, 2010, p. 11
“The focus of the adult-gerontology primary care NP is to provide patient-centered, quality care to the adult and older adult population. The adult-gerontology primary care NP applies evidence in practice designed to improve quality of care and health outcomes”

AACN, 2010, p. 13
“The focus of the adult-gerontology acute care NP is to provide patient-centered, quality care to the adult and older adult population. The adult-gerontology acute care NP applies evidence in practice designed to improve quality of care and health outcomes”

AACN, 2012, p. 12
“Nurses concern for the elderly poor of the Almshouse foreshadowed the birth of gerontological nursing, a specialty conceived in the womb,”

Ebersole & Touhy, 2006, p. 2
### History of Gerontological Nursing

<table>
<thead>
<tr>
<th>Year</th>
<th>Event</th>
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</thead>
<tbody>
<tr>
<td>1904</td>
<td>First AJN Article by a Registered Nurse</td>
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<tr>
<td>1925</td>
<td>AJN-Subspecialty Geriatric Nursing</td>
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<tr>
<td>1950</td>
<td>First Text Book: <em>Geriatric Nursing</em></td>
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<tr>
<td>1966</td>
<td>First CNS Program, Duke University</td>
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<tr>
<td>1973</td>
<td>ANA Certification in Geriatric Nursing</td>
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<tr>
<td>1980</td>
<td><em>Geriatric Nursing</em> published by AJN</td>
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<tr>
<td>1981</td>
<td>NCGNP now known as GAPNA</td>
</tr>
<tr>
<td>1984</td>
<td>NGNA</td>
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</tbody>
</table>

History of Gerontological Nursing

1987  Scope and Standards of Gerontological Nursing Revised
1989  ANA Certifies Gerontological CNS
1992  John A. Hartford Foundation funds NICHE
1998  ANA Certification: GNP/CNS
2000  BAGNC Program
2008  Geriatric Nursing-30 Years
2010  AGPNP/AGCNS Competencies
2012  AGANP Competencies

Settings

Geriatric and Family Practice Clinics
Schools of Nursing
Long-Term Care Hospitals
Home Health Hospice
Private Practice
Settings

Public Health
Acute/Sub Acute Rehabilitation
Retirement Communities
Managed Care Organizations
Area Agency on Aging
Specialty Clinics
Scope of Practice

Acute and Primary Care

Diagnose
Physical Assessment
Screening
Laboratory/Imaging
Medications
Durable Equipment
Referral
Scope of Practice
Acute and Primary Care

Health Promotion
Disease Prevention
Health Education
Counseling
Diagnosis/Management
Acute/Chronic Illnesses
Regulation
“The opportunities for making a difference in geriatric nursing are endless...There is no limit for what you can do in geriatric nursing....”

Berman and Thronlow Imprint, 2005, p. 25-26
From Ebersole & Touhy, 2006, p. 25
The certified nurse practitioner (CNP) is prepared with the acute care CNP competencies and/or the primary care CNP competencies. At this point in time the acute care and primary care CNP delineation applies only to the pediatric and adult-gerontology CNP population foci. Scope of practice of the primary care or acute care CNP is not setting specific but is based on patient care needs. Programs may prepare individuals across both the primary care and acute care CNP competencies. If programs prepare graduates across both sets of roles, the graduate must be prepared with the consensus-based competencies for both roles and must successfully obtain certification in both the acute and the primary care CNP roles. CNP certification in the acute care or primary care roles must match the educational preparation for CNPs in these roles.
Impact on Education

Educational preparation for nurse practitioners and clinical nurse specialists was mandated to change:

The following population foci have been replaced:

- Gerontological Nurse Practitioner
- Adult Nurse Practitioner
- Gerontological Clinical Nurse Specialist
- Adult Health Clinical Nurse Specialist
Impact on Education

• Merging of the Adult and Gerontology Population for Nurse Practitioners and Clinical Nurse Specialist
• Bifurcation of the Acute and Primary Care delineation for nurse practitioners
• Mandatory requirement of the three courses:
  Advanced Physical Assessment
  Pathophysiology/Physiology
  Pharmacology
APRN Consensus Model

Adult-gerontology population defined as being inclusive of the young adult to the older adult, with specific mention made of the frail elderly

“... educated and certified in the adult-gerontology population are educated and certified across both areas of practice”
Impact on Certification

• Currently 4 states do not require national certification:
  – California
  – Indiana
  – Kansas
  – New York
Impact on Certification: ANCC

- Examinations that have or will be retired:
  - Adult Health Clinical Nurse Specialist. Last day for application acceptance is December 31, 2014 with the final day to take the test is Dec 31, 2015.
  - Gerontological Clinical Nurse Specialist. No further applications are being accepted. Final day to take the test is July 31, 2014.
  - These certifications can be renewed if professional development and practice hour requirements are met.
Impact on Certification: ANCC

• Gerontological Nurse Practitioner GNP-BC
• Adult Nurse Practitioner ANP-BC
• Acute Care Nurse Practitioner ACNP-BC
• For all three examinations: Last day for acceptance of application is December 31, 2014. Last day to take the test is December 31, 2015.
• These certifications can be renewed if professional development and practice hour requirements are met.
New Certifications: ANCC

- Adult-Gerontology Primary Care Nurse Practitioner (AGPCNP-BC)
- Adult-Gerontology Acute Care Nurse Practitioner (AGACNP-BC)
- Adult-Gerontology Clinical Nurse Specialist AGCNS-BC (this examination will begin April 17, 2014)
Updates to Current Certification

• Certification examinations are updated on a regular basis

• Requirements to take the examination reflects the changes mandated by the consensus model for APRN practice

• Look over the “blueprint” for the examinations
Impact of Certification: AANPCP

- Gerontological Nurse Practitioner Examination retired December 28, 2012
- Adult Nurse Practitioner Examination: AANPCP anticipates retiring the Adult Nurse Practitioner (ANP) National Certification Examination in the 2014-2015 timeframe at which time recertification by examination will no longer be an option

New Certification AANPCP

- Adult-Gerontology Primary Care Nurse Practitioner
- As of January 2014, the Adult-Gerontology Primary Care Nurse Practitioner Examination received accreditation by the National Commission for Certifying Agencies (NCCA)

http://www.aanpcert.org/ptistore/control/newsitem?id=19
New Certification: AACN Certification Corporation

• Acute Care Nurse Practitioner: ACNPC-AG

• [http://www.aacn.org/wd/certifications/content/certificationexamshome.pcms?menu=certification](http://www.aacn.org/wd/certifications/content/certificationexamshome.pcms?menu=certification)
ANCC Renewal Application Pharmacotherapeutic Contact Hour Requirements for NPs and CNS

- Renewal beginning January 1, 2014:
  - 25 of the 75 required contact hours must be in pharmacotherapeutics.
  - Pharmacotherapeutic content may include but is not limited to drug specific information, safe prescribing practices, safe medication administration, prescribing methodologies, new regulations or similar content.

http://www.nursecredentialing.org/FunctionalCategory/FAQs/NP-CNS-RenewalFAQ.html
Impact on Licensure

- Independent practice
- Independent prescribing
- State recognition of each of the APRN roles (CNP, CNSA, CRNA, CNM)
- Only license an APRN when education and certification are congruent.
- Only license graduates of accredited graduate programs that prepare graduates with the APRN core, role and population competencies.
- Allow for mutual recognition of advanced practice registered nursing through the APRN Compact.
- Institute a grandfathering clause that will exempt those APRNs already practicing in the state from new eligibility requirements.

Impact on Licensure

- “Grandfathering”

- Proposed APRN Compact Model Legislation and Proposed APRN Compact Model Rules.
Resources for APRNs working with older adults

Web-Based Resources
Print Resources
Geriatric E-Learning Materials

- Web based resources for clinicians, preceptors, faculty and students
- Opportunities for on-line continuing education
- Reusable learning objects
- Downloadable information
Digital Repositories

- Portal of Geriatrics Online Education (POGOe)
  www.pogoe.org
- ConsultGeriRN.org
  http://consultgerirn.org
- Clinical Toolbox for Geriatric Care
  http://www.hospitalmedicine.org/geriresource/toolbox/howto.htm
POGOe

http://www.pogoe.org/
ConsultGeriRN.org

HARTFORD INSTITUTE FOR GERIATRIC NURSING

ConsultGeriRN.org

ConsultGeriRN.org is your online resource for care of older adults.

Hartford Institute ConsultGeriRN APP

This mobile reference provides information and tools to treat common problems encountered when caring for older adults. The App follows a decision making algorithm. The App is available for Ipad for $4.99. For more info, Hartford Institute ConsultGeriRN APP featured in the Health Allinda blog of the John A. Hartford Foundation. Read more...

NEW Quality Improvement Try This Series!

The Hartford Institute for Geriatric Nursing (HIGN) in collaboration with the American Association of Colleges of Nursing (AACN) is pleased to introduce a new Try This Series focused on Quality Improvement in healthcare for older adults. View Issue 1. Review the entire Try This Series.

Primary Care for Older Adults- PCORI Modules, Free Continuing Education!

We need your feedback as we begin a new e-learning series. Free Continuing education available...Learn more.

The Mathy Mezey NEF Geriatric Nursing Scholarship Fund

The John A. Hartford Foundation, Inc. has endowed a Nurses Educational Funds, Inc. Geriatric Nursing Scholarship in honor of Mathy Mezey Hartford Institute for Geriatric Nursing, NYU College of Nursing. For Application Deadline is February 1, 2014. Learn more...

http://consultgerin.org/
Case Studies for Primary Care

Materials and Resources

Modules listed below are at the following link:
http://consultgerim.org/uploads/File/P101

#1 Health Promotion and Disease Prevention in Older Adults

#2 Common Screening with Older Adults

#3 Cancer Screening

#4 Presentation of Illness in Older Adults

#5 Dementia (3 modules; (a) Mild Cognitive Impairment and Alzheimer's Disease: Evidence-based Care Guide for Primary Care Providers; (b) Collaborative Care Approach to Memory Disorders in Primary Care; (c) Patient Self-Management Resources- Fact Sheets)

#6 Advance Directives and Palliative Care

#7 Chronic Disease Management and Co-morbidity

#8 Chronic Pain Management

#9 Making your Office Friendly to Older Patients –

#10 Medication Management

HARTFORD INSTITUTE FOR GERIATRIC NURSING

HIPCOA Hartford Institute Primary Care of Older Adults Program

The goal of HIPCOA is to build the capacity of the healthcare workforce in geriatrics. This will be accomplished by a multi-modal education intervention aimed at improving the knowledge and skill sets of primary care providers, faculty members and students. Through the creation, testing, and nationwide dissemination of a series of primary care-focused online learning modules, the PCOA program will create a systematic approach to embed in primary care settings patient- and family-centered and evidence-based care that is responsive to the particular needs of older adults.

This project is managed by the Hartford Institute for Geriatric Nursing (HIGN) at New York University College of Nursing, in coordination with the Consortium of New York Geriatric Education Centers (CNYGEC) at the Mount Sinai School of Medicine (MSSM) and the National Nurses Care Consortium (NNCC).

This project is funded by the U.S. Department of Health and Human Services Health Resources and Services Administration.

The PCOA modules are currently being pilot-tested. Continuing Education is available. To access and review, access the following link:

http://hartfordign.org/practice/pcoa
Clinical Toolbox for Geriatric Care

http://www.hospitalmedicine.org/geriresource/toolbox/howto.htm
Nursing Home Toolkit

Promoting Positive Behavioral Health: A Non-pharmacologic Toolkit for Senior Living Communities

Acknowledgments
This Toolkit was prepared for the Commonwealth Fund (Link) in collaboration with the Hartford Foundation (Link). Ann Kolodzinski, RN, Ph.D., and Kimberly Van Heusma, Ph.D., served as the coordinators of the expert panel who compiled much of the information contained in the toolkit.


Recommended Citation

http://www.nursinghometoolkit.com/
Gerontological Nursing Organization Websites

www.gapna.org

http://www.ngna.org/
GAPNA: Print Materials

Adult/Gero APRN Preceptor Toolkit

NGNA Print Resources

• Gerontological Nursing Resources
  http://www.ngna.org/resources/gerontological-nursing-references.html
NGNA ANNUAL CONVENTION

NGNA on the River Walk: Spur Your Passion for Older Adults

two thousand fourteen Annual Convention

OCTOBER 2-4, 2014
San Antonio, Texas
Wyndham Riverwalk Hotel
• 33rd Annual GAPNA Conference
• *Four Points of Impact on Care of the Older Adult: Practice, Outcomes, Education, and Technology*
  
  September 17-20, 2014
  Buena Vista Palace Hotel & Spa
  Orlando, FL
• **Call for Abstracts**
  • Call for Research and Clinical Project Abstracts - due May 15, 2014.
  • Call for Education Project Abstracts - due May 15, 2014.
  • Considering presenting a poster for the 2014 Conference?
  • Research, clinical project, and educational posters from 2013 GAPNA Conference can now be viewed on the webpage
Take Home Messages

• The specialty of advanced practice gerontological nursing continues to go through an evolution.
• Nurse practitioners and clinical nurse specialists need to be vigilant in keeping up with the changes in APRN regulation.
• Excellent gerontological web-based resources are available for use in clinical practice for clinicians, preceptors, educators and students alike.
Evaluation

• Here is the link to the evaluation for the NGNA/GAPNA webinar, that is required for attendees to receive CE credit.
  